

SPRING FLING 2008

MAY 16-18



Join DC Front Runners for a memorable weekend of running, walking, socializing and fun—our annual Spring Fling! This year's Spring Fling weekend (May 16-18) coincides with the annual Capitol Hill Classic 10K race. Members, visitors and newcomers are welcome!

- **Front Runners Night Out** - Friday, May 16. Happy Hour @ Nellie's, 6:30 PM. Outing @ Town, 10 PM
- **Newcomers & Members Fun Run/Walk** - Saturday, May 17 @ Union Station. Walk 9:30 AM, Run 10 AM
- **Spring Fling Dinner** - Saturday, May 17 @ HRC Headquarters, 1640 Rhode Island Ave NW, 6 PM
- **Capitol Hill Classic 10K** - Sunday, May 18 @ Stanton Park, 5 and C Street NE, 8:30 AM
- **Post-Race Sunday Brunch** - Sunday, May 18 @ 1124 Constitution Avenue NE, 10 AM



For further details, please visit our website at www.dcfontrunners.org
Order dinner tickets by May 13 and register for the Cap Hill 10K via our website
Questions: springfling@dcfrontrunners.org